# GBWKF, Honouring heritage, Inspiring friendship, and empowering the future of Wushu.



# **GBWKF Health & Safety Policy**

The Great Britain Wushu Kungfu Federation (GBWKF) is committed to ensuring the health, safety and welfare of all our friends, volunteers, coaches, athletes, visitors, and contractors who take part in GBWKF activities.

We will provide safe environments for training, competitions, seminars, and other events and comply with the **Health and Safety at Work etc. Act 1974** and other relevant UK legislation.

## This policy sets out how GBWKF will:

- Prevent accidents, injuries, and ill health.
- Identify hazards and manage risks in all activities.
- Provide safe facilities, equipment, and working practices.
- Train and inform staff, volunteers, and clubs about their responsibilities.

#### This policy applies to:

- All GBWKF staff, officers, volunteers, and contractors.
- All GBWKF events, courses, workshops, and competitions.
- All affiliated and friendly clubs using GBWKF facilities.

#### Responsibilities

#### **GBWKF** Committee:

- Ensures compliance with health and safety law.
- Appoints a Health & Safety Officer.
- Reviews and updates the policy annually.

#### **Health & Safety Officer:**

- Oversees risk assessments and safety checks.
- Keeps accident records and investigates incidents.
- Liaises with venues and statutory authorities.

#### All Staff, Volunteers & Coaches:

- Take reasonable care of their own health and safety and that of others.
- Cooperate with GBWKF procedures and report hazards promptly.

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#### **Risk Assessments**

- GBWKF will carry out risk assessments for all venues and activities.
- Hazards will be identified, risks assessed, and control measures implemented.
- Risk assessments will be reviewed regularly and after incidents.

### Safe Facilities & Equipment

- Training and event spaces must be clean, safe, and fit for purpose.
- All equipment must be inspected regularly and maintained.
- Any damaged or unsafe equipment must be removed from use immediately.

## **Emergency Procedures**

- Clear evacuation routes and emergency exits will be maintained.
- First aid kits will be available at all GBWKF events.
- Staff and volunteers will know the emergency plan for each venue.

## **Reporting Accidents & Incidents**

- All accidents, injuries, and near misses must be reported to the Health & Safety Officer.
- An accident/incident form must be completed.
- Serious incidents will be reported to the relevant enforcing authority if required by law.

#### **Training & Supervision**

- All staff, volunteers, and coaches will receive appropriate health and safety induction and updates.
- High-risk activities (e.g. weapons training, sparring) will be supervised by qualified instructors with ratios appropriate to the age and ability of participants.

#### **Welfare Facilities**

- Venues must provide access to toilets, drinking water, and rest areas.
- Changing and shower facilities (if available) should be safe and appropriately supervised when minors are present.

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#### **Insurance**

- GBWKF will maintain adequate public liability, employers' liability, and professional indemnity insurance.
- Clubs and instructors must also maintain their own insurance and provide proof annually.

## **Monitoring & Review**

- The Health & Safety Officer will monitor compliance and record inspections.
- This policy will be reviewed annually or sooner if legislation or circumstances change.